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101 Critical
 Days of

 Summer begins
 this weekend

May 26, 2006 Sourdough Sentinel Up Front

Memorial Day: A Heritage of Service



Gen. Paul V. Hester

By General Paul V. Hester Pacific Air Forces Commander

Since 1868, Americans have paused the last Monday in May each year to remember the men and women who have answered the call of service and have given the ultimate sacrifice to defend our Nation and our way of life.

This year I'm privileged to join the millions of Americans in honoring the heroic men and women of our past ... as well as our present. Our history is filled with brave citizens who, when called upon, rose to meet incredible challenges to secure liberty for billions of people around the world. That remarkable spirit of sacrifice continues today as America fights once again to ensure freedom and

democracy prevail over extremism and terror.

In PACAF, today's Airmen are following in the footsteps of the generations before them who served in harm's way. From the Far East Air Forces of World War II to our expeditionary Airmen in Afghanistan and Iraq, Airmen in the Pacific have selflessly defended America far from her shores - many having given their lives to do so.

So on this Memorial Day, a grateful nation remembers those who have fallen for the great pursuit of freedom – their sacrifice lives within each of us. And we salute all of our magnificent men and women who proudly continue their legacy of young heroes keeping America safe.



Brig. Gen. Hawk Carlisle 3rd Wing commander

Do you have a problem you can't seem to get solved? Would you like to recognize someone for a job well done?

The commander's action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Hawk Carlisle. Your calls will get the commander's personal attention and be answered in a timely manner.

If you have a question, call or email the action line at:

552-2224 actionline@ elmendorf.af.mil

The following commanders stand ready to help you and can answer the majority of your questions. If they can't help, then please call the Action Line.

Key phone numbers:

Col. Mike Hass, 3rd CES/CC 552-3007 Lt. Col. Mark Allen, 3rd SVS/CC 552-2468

Lt. Col. Brett Meyer, 3rd SFS/CC



Safety first attitude – get one

By Lt. Gen. Douglas Fraser Alaskan Command commander

Safety IS and must remain a part of our daily lives. Thank you for living with a "SAFETY FIRST" attitude during our long Alaska winter. Now I ask you to keep that ATTITUDE as we enjoy the long Alaskan summer days.

This weekend starts the 101 Critical Days of Summer. Tragically, last year, we lost two Arctic Warriors during the 101 critical days between Memorial Day and Labor Day. One lost his life kayaking on Ship Creek less than a mile from the Boniface Gate. The other was killed as a passenger in a traffic accident at mile 52 of the Seward Highway on his way

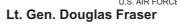
back from fishing on the Russian River. Air Force-wide, 70 percent of the fatalities over the last three summers involved motor vehicles. The primary causes for these fatalities were excessive speed, alcohol and lack of training coupled with inexperience.

Our goal this summer is NO FATALITIES and NO SERIOUS INJURIES. Be safety aggressive. Take responsibility for your own and your wingman's safety. Stand up and call "knock it off" when you see an unsafe situation. Enjoy all the opportunities our great state of Alaska has to offer, but with a SAFETY FIRST attitude.

I want all of us to return from the 101 Critical Days of Summer SAFELY!



U.S. AIR FORCE PHOTO





First Lt. Ronnie Evans, 962nd Airborne Air Control Squadron, flew nine missions during the inaugural Red Flag-Alaska 06-02 providing critical command and control support to 1,136 sorties. His timely and accurate calls aided in 180 plus Red Air kills and 150 plus targets destroyed. Further, while flying in the 354th Fighter Wing Operational Readiness Exercise, Arctic Gold 06-03, his efforts aided Blue Forces in achieving 100 percent Red Air kills and striking multiple targets on time.

Tech. Sgt. Sonja Jenkins, 517th Airlift Squadron Enlisted Performance Report/Officer Performance Report program manager, has vastly improved the squadron EPR/OPR tracking system, ensuring high quality and timeliness of squadron reports. Using AF Forms 2096, she validated and aggressively monitored all duty classification transactions through the Military Personnel Data System with no discrepancies. Her positive can-do attitude and outstanding Airmanship set the standard for all to follow.

Working outside his specialty, Staff Sgt. Justin Sharp, 3rd Component Maintenance Squadron, assisted the Propulsion Flight's Test Cell section in the 3-day troubleshooting and repair

of a T-56 engine with multiple system malfunctions. Upon discovering an erroneous system reading, he isolated and replaced a shorted electrical connector, as well as diagnosed a faulty actuator. Sergeant Sharp's cumulative actions guaranteed the engine's return to a fully serviceable and operational condition.



Sourdough Sentinel

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For more information, call the Sourdough Sentinel office at

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Elmendorf AFB, AK 99506

3rd Wing Moment in History May 20, 1953:

The 3rd Bombardment Wing flew its 30,000 sortie over Korea since flying the first one of the war on June 27, 1950.



New service dress prototypes pique interest

Based on feedback received during visits with Airmen across the Air Force, the Air Force Uniform Board is reviewing several concepts that Airmen have suggested regarding the appearance of the service dress uniform.

Some of the informal feedback about the current service dress includes Airmen wanting to revamp the service dress to look more military, like the other services. One senior airman said, "The current uniform resembles a cheesy business suit." A staff sergeant said, "Think world's most dominating air power, not CEO," and another described it



Brig. Gen. Robert Allardice and Senior Master Sgt. Dana Athnos show off prototypes of the Billy Mitchell heritage coat in the Pentagon on May 15. General Allardice is director of Airman development and sustainment and Sergeant Athnos is a member of the Air Force Uniform Board.

as a "cheap leisure suit."

Other comments have suggested that the uniform needs to reflect the Air Force's history more. On an Internet message board an Airman recently wrote, "I want to look good and be proud of my AF heritage." Another Airman wrote that the dress uniform pales in comparison to any of the other services. "We need something that distinguishes us as proud members of the U.S. military."

The Air Force began exploring these ideas by producing several prototypes that reflect a combination of ideas that have been gleaned from comments, suggestions and informal

> surveys conducted over the past several years.

A more formal survey soon will provide additional opportunities for Airmen to provide feedback and comments.

"We've been getting informal feedback on our current service dress uniform for several years, and what we consistently have heard from many Airmen is a desire for a more 'military,' and less 'corporate' look and feel, something more reflective of the

Air Force's heritage, and its role as a professional military organization," said Brig. Gen.
Robert Allardice, director of Airman development and sustainment, deputy chief of staff for manpower and personnel.

"The Uniform
Board has come up
with some options
to explore these
concepts and the
initial prototypes
are direct descendants of our heritage, rooted in Hap
Arnold and Billy
Mitchell's Air
Force," General
Allardice said.

The survey will provide a more formal opportunity to collect feedback

on whether or not Airmen want a new service dress, and if so, what changes, likes, or dislikes they have about the prototypes.

"We believe we need to respond to the force and the constant flow of feedback we receive on the service dress is driving this initiative. We see this as an opportunity to do so, along with a chance to reflect on our rich history, as well as the image we wish to portray in uniform," said General Allardice. "We want to make sure our uniforms, all combi-



PHOTOS BY STAFF SGT. C. TODD LOPE

Brig. Gen. Robert Allardice and Senior Master Sgt. Dana Athnos show off prototypes of the Hap Arnold heritage coat

nations, meet our current and future needs."

This process will use the standard Air Force Uniform Board process and as with the Airman's Battle Uniform, Airmen are encouraged to take the opportunity to directly contribute to how their new service uniform might look.

The Air Force will present options based on feedback received on possible service dress designs through the uniform board process.

(Courtesy of Air Force Print News)

ALCOM officer named top federal employee

COURTESY PHOTO

Major Lori Stender

An Air Force major who has a key role in homeland defense operations in Alaska was named the Alaska Category III Federal Employee of the Year.

Major Lori Stender, Joint Operations Center Chief for Alaskan Command, was a key leader in establishing and developing the day-to-day operating

procedures for the newly established Joint Task Force—Alaska.

"She is a superior leader, officer and innovator," said Col. Brent Johnson, Director of Operations, ALCOM.
"Major Stender's efforts during Exercise Alaska Shield/Northern Edge 2005, the largest Homeland Defense/Security exercise ever in the state

of Alaska, provided outstanding command and control from Joint Task Force-Alaska to Northern Command, State and local government agencies."

The major developed procedures and polices to ensure Homeland Defense within Alaska to detect and defeat terrorism focused on nationally strategic infrastructure in Alaska.

Another area she spearheaded was the tying together of the Joint Operations Center to the personnel providing military assistance to civil authorities in the State of Alaska during the potentially devastating natural disasters of volcanoes, damaging earthquakes, range wild fires, and tsunamis.

Stender was critical in establishing and maintaining close ties with the National Guard and Coast Guard command centers during multiple real-world rescue operations such as the recovery and clean up operations of the imperiled

Selendang Ayu crew in the hazardous waters in the Alaskan Aleutian chain and maintained awareness during the emergency restoration of services and resupply of the village of Kaktovik on Alaska's North Slope.

As Joint Operations Center Chief on duty, the major was directly responsible for the overwhelming success of the November 2005 Presidential visit to Elmendorf by syner-

gizing the command and control with Secret Service and Alaska NORAD Region during presidential visit. The White House staff rated the visit as the "smoothest event of 2005" with Stender having a critical role in the operation.

"Major Stender is a model Air Force Reserve Officer, a standard bearer of Air Force and Joint military professionalism," said Johnson. "Her efforts have benefited Alaskan Command, Joint Task Force – Alaska, and the State of Alaska on many levels."

(Courtesy of Alaskan Command Public Affairs)



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY

Tree City USA

Members of local Cub Scouts Pack 110 and Boy Scouts Troop 190 get dirt for the National Arbor Day Plant a Tree Ceremony May 15th at Chapel 1. Elmendorf has been named a tree city USA by the National Arbor Day Foundation. This is the sixth time Elmendorf has been awarded this national recognition. The Tree City USA program is sponsored by the NADF in cooperation with the National Association of State Foresters and the U.S. Department of Agriculture Forest Service.

VA urges caution after theft of personal information

By Samantha L. Quigley American Forces Press Service

Veterans Affairs officials announced May 22 the theft of personal information on up to 26.5 million veterans. However, VA Secretary R. James Nicholson stressed there's no indication the information is being used for purposes of fraud

"We at the VA have recently learned that an employee here, a data analyst, took home a considerable amount of electronic data from the VA, which he was not authorized to do," Secretary Nicholson said. "His home was burglarized and this data was stolen."

The compromised data includes names, Social Security numbers and birthdates of veterans who separated from the military since 1975, he said. The information also may have included data on veterans who separated before 1975 but who submitted a claim for VA benefits

No medical or financial information was compromised, though the files might have contained numeric disability ratings in some cases, Secretary Nicholson added. A statement issued by the department indicated that spousal information also might have been compromised in some cases.

"There is no indication that any use is being made of this data or even that (the thieves) know they have it," he said.

Exercising what the secretary called "an abundance of caution," the department is working through a number of channels, including the news media, to make veterans aware of the situation. Individual notification letters also will be mailed to veterans.

The department is providing more information through the *www.firstgov.gov* Web site and call centers that can be reached at (800) 333-

4636. The call centers will be able to handle more than 250,000 calls a day.

"The most important priority that I have right now is to get the word out to our veterans and get them alerted and aware of this possibility," Secretary Nicholson said.

The department also is encouraging veterans to watch their financial accounts for any signs of fraud or identity theft. If suspicious activity is detected, veterans should contact the fraud department of one of the three major credit bureaus: Equifax, Experian or TransUnion.

Secretary Nicholson said the Federal Trade Commission has alerted credit bureaus of a potential increase in requests for fraud alerts and for requests for credit reports.

Any accounts that have been tampered with or opened fraudulently should be closed. The veteran should file a report with local police or the police in the community where the identity theft took place. Those who suspect identity theft also are encouraged to contact the Federal Trade Commission via its identity-theft hotline at (877) 438-4338, or through its Web site.

There is no indication when the career employee removed the information from his office, but the data was stolen when his home was burglarized sometime this month, Secretary Nicholson said. He declined to identify the employee or where he lives but said law enforcement officials reported several burglaries in the area and they do not believe the stolen information was targeted.

"The employee has been placed on administrative leave pending the outcome of (a full-scale) investigation," he said. All appropriate law enforcement agencies, including the FBI and the Veterans Affairs Department's Inspector General are participating in the investigation.

TriWest Contributes \$40,000 to Armed Services YMCA of Alaska

With Alaska experiencing its largest deployment of troops since the Vietnam War, TriWest Healthcare Alliance today presented \$40,000 to the Armed Services YMCA of Alaska to serve Alaska's service men and women and their families.

The contribution will support the Armed Services YMCA of Alaska's programs at Elmendorf Air Force Base hospital, which also serves Fort Richardson.

These programs include a free child watch service provided by qualified staff for parents during hospital visits, gift bundles for new mothers, hospitality carts for hospital wards, and loaning and installing car seats for babies.

"TriWest's contribution allows us to help our military families on a very personal, face-to-face level," said Peter Mulcahy, the organization's executive director.

"When people go to the hospital, that's the time they are the most vulnerable, and that's the time that the friendly faces we provide can be the most help. Our partnership with TriWest is perfect to take a lot of the stress out of hospital visits."

TriWest is an avid supporter of organizations that serve the military, including the USO, Operation Purple Camps, the Intrepid Fund, the Fisher House Foundation and others large and small.

"We at TriWest care deeply about our customers and we are privileged and proud to serve those who wear our nation's uniforms," said Tri-West President and CEO David J. McIntyre, Jr.

"The Armed Services YMCA of Alaska shares our concern for the military and their families and we are proud to support this fine organization."

(Courtesy of TriWest Healthcare Alliance)

Airman beats cancer, finds new lease on life

By Tech. Sgt. Mike Edwards 3rd Wing Public Affairs

"You have cancer and need to undergo treatment right away."

This is something most people would never want to hear, but for one Elmendorf Airman, hearing these words changed his life.

Senior Airman Edward Garcia, a 35 year-old avionics specialist with the 12th Aircraft Maintenance Unit, was diagnosed with a form of testicular cancer in October 2002 and was told by his doctors he needed to undergo immediate treatment.

"Five months after joining the Air Force, while I was stationed at Sheppard Air Force Base, Texas, I realized my dreams were becoming a reality. It was the best moment of my life and I felt on top of the world," he said. "A few days later, I began to feel a lot of pain."

After doctors ran some tests to determine the cause of his ailment, Airman Garcia was diagnosed with cancer.

"I was 31 years old when the nightmare began," he said. "It was then I realized life is too short."

After discovering he had cancer, he was immediately transported to Lackland AFB, Texas, to undergo surgery and radiation treatments.

According to Airman Garcia, it was his realization of the shortness of life and his determination to continue to live life to the fullest that led him to endure what he describes as the worst 56 days of his life.

"It's been three years since that nightmare and I feel like a phoenix," he said. "I was reborn from my ashes and ready to continue to catch my dreams. Life after cancer is more beautiful; the sunlight is brighter and each day is a second chance at life."

After surviving his ordeal, he began to write down his thoughts and feelings in a series of poems - a method of expressing himself he had developed while growing up in Puerto Rico.

This collection of poetry eventually led to the publication of a bilingual book which he entitled "When Returns the Spring/Cuando Regrese La Primavera."

"I wrote these poems in my native tongue (Spanish) and then translated them into English," Airman Garcia said. "It really helped me express what was in my heart."



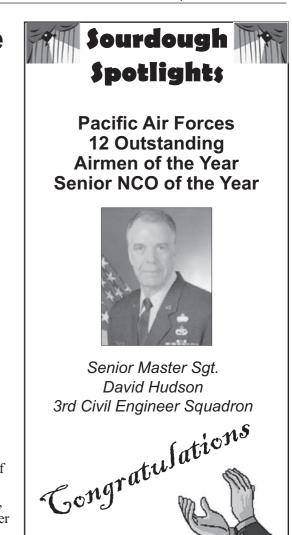
Senior Airman Edward Garcia

Airman Garcia says his collection of poems expresses the thoughts and feelings anyone might feel if they were faced with the same problems he was.

"If anyone has to go through what I went through, I would tell them that it can be a nightmare, but cancer is not invincible," he said. "I have beaten cancer and so have a lot of other people as well. People need to remember not to be scared; they can beat cancer, too."

It is his words of encouragement, both in his book and with those he meets on a daily basis that really shows his joy for life.

"The way I looked at it is that cancer was the winter of my life," he said. "However, spring follows winter and it's the time of year when all nature is reborn and everything is better than before. My advice is not to look back; look forward and go catch your dreams."







Bluff Road Gate delays

Members using the Bluff Road Gate should expect delays after May 30 due to construction in the Government Hill area.

Muldoon gate closure

Due to construction, the Muldoon Gate will be closed June 12-July 3.

For more information, call Airman 1st Class Carlos Lopez at 552-4011 or Hazim Yunis at 552-3079.

Change of command

The 732nd Air Mobility Squadron's change of command is 10 a.m. June 6 in the 732nd Freight Warehouse.

Col. Michael Thornton will relinquish command to Lt. Col. Michael Oberbroeckling. Dress is uniform of the day.

Road closures

Due to housing construction in the New Denver development, Luke and McCloud Avenues, near Mt. Spurr Elementary, are closed between 16th and 17th Streets until November.

For more details, call Dan Eckert at 552-2466.

VA Wheelchair Games volunteer training

Training sessions are now in session for volunteers of the 26th

National Veterans Wheelchair Games in Anchorage July 3-8.

Volunteers can register for the session by e-mailing Leanne Rowley at *leanne@alaskadestinations*.

Asian-Pacific Islander committee

May is Asian Pacific Islander Observance Month. The committee is seeking volunteers to help them make this a successful observance month. Everyone is welcome to be a part of the committee.

For information or to volunteer, call Staff Sgt. Denise Willhite at 552-2906, Airman Jennifer Cortez at 552-3789, or Airman Chainda Menhall at 552-5054.

Volunteers needed

Arctic Thunder, Elmendorf's air show and open house, is Aug. 12-13. The air show team is seeking volunteers for various tasks. People interested in helping should call 552-5324 or 552-5414, or e-mail 2nd Lt. Joseph Douglass at *joseph. douglass@elmendorf.af.mil* or Senior Master Sgt. Richard Lister at *richard.lister@elmendorf.af.mil*.

For more details about the event, call 552-SHOW (7469).

Community assessment survey

The Integrated Delivery System Working Group is sponsoring the 2006 Community Assessment Survey of servicemembers, spouses, reservists, and reserve spouses.

The survey is open to all military spouses, while active-duty participants must have an invitation.

A notification letter that includes a link to the Web-based survey will be sent to the work e-mail address of each active-duty member selected to participate. Participation is crucial to the success of the project; selected servicemembers are strongly urged to take part.

Military spouses wishing to participate can access the survey at www.spouseAFCAsurvey.com until June 23.

Vacation Bible School

The Base Chapel is sponsoring a Vacation Bible School from 9 a.m.-noon June 12-16 at Chapel One.

For more information, call Peggy Brown at 646-4279.

Technology show

The 3rd Communications Squadron is hosting their annual technology show from 9:30 a.m. to 1:30 p.m. June 13 at the Susitna Club.

The show is free to all members and refreshments will be available.

For more information, call Scott Butcher at 552-1239.

Mini-ECAMP assessors needed

The Headquarters Pacific Air Forces external Environmental, Safety and Occupational Health Compliance Assessment and Management Program is scheduled for Aug. 21-25. To ensure the wing's success, an abbreviated internal ESOH CAMP has been scheduled for July 25-28.

Volunteer assessors are needed to assist with this assessment. Some hazardous material/waste experience is preferred. Supervisor approval is required. For more information, call 552-2813 or email *jon. scudder@elmendorf.af.mil.*

Home buying seminar

The Elmendorf Housing office is offering a home buying seminar at 1 p.m. June 5 at the Housing Office, 6346 Arctic Warrior Drive. The class lasts approximately 2 to 3 hours.

Seating is limited; call 552-4439 or 552-4328 for reservations.

Suicide prevention

A suicide prevention briefing is being held at 8:30 am June 8 and 3 p.m. June 28 at the base theater.

Arctic Warrior Olympics

This year's Arctic Warrior Olympics is June 29. Sign-ups for the events are done online from a government computer at https://portal.elmendorf.af.mil/units/AFLocal/AWO/default.aspx.

Family members Scholarships

ThanksUSA is offering cash scholarships to military family

members for the 2006 school year. Applications must be in by Tuesday. For more information, log on to *www. thanksusa.org*.

Tuition assistance

■ Anyone who has applied for Tuition Assistance for the summer semester should log on to verify their forms are still signed. The Education Office had to edit a number of TA requests which removes the student's signature.

The schools will not take these TA forms without the student's digital signature and you may be dropped from the course or charged a late fee. If you are unsure whether or not your TA form is at your school, please call the school's office to verify.

■ Tuition Assistance is not authorized after the fact. Students attempting to obtain their TA after their courses have already started will be required to pay for those courses. Students are highly encouraged to make application for their TA at least one week prior to the start of their class to avoid any complications that may delay the approval.

For more information, call 552-3164 or stop by the Education Office for personal assistance.

SGLI premium change

The Service Members Group Life Insurance premium rate will increase from 6.5 cents per \$1,000 to 7 cents per \$1,000 July 1. This equates to a rate change of \$26 to \$28 per month for the maximum coverage of

\$400,000. There will also be an additional \$1 charge for traumatic injury protection. Also July 1, the Family SGLI premium will decrease by approximately \$2 per month depending on the spouse's age.

Suicide intervention

The Chapel is offering a two-day Applied Suicide Intervention Skills Training workshop from 8:30 a.m. to 4 p.m. June 8-9 at the Chapel 1 annex.

The class is open to all commanders, first sergeants and supervisors and teaches how to notice suicide ideation; how to intervene with a person at risk; and how to get people who are at risk to the appropriate resources for support.

Please R.S.V.P. to Chaplain (Capt.) Tim Porter, or Chaplain (Capt.) Mathew Boyd at 552-4422.

Rainbow Trout limit changed

The recently published 2006-2007 Alaska Department of Fish and Game sport fishing regulation limits have been rescinded and replaced.

Effective May 13, the bag and possession limit for rainbow trout in Anchorage's stocked lakes and streams will be reduced to two per day, two in possession. Only one trout may be 20 inches or longer.

This Emergency Order applies to stocked lakes on Elmendorf (Fish Lake, Green Lake, Hillberg Lake, Spring Lake, Triangle Lake, and Upper Sixmile Lake).



Chapel Schedule

Catholic Parish

- Monday through
 Wednesday and Friday Mass:
 11:30 a.m. at the Chapel Center
- Thursday Mass: 11:30 a.m. at the Hospital Chapel
- Sunday Mass: 10:30 a.m. at Chapel 1
- Sunday Evening Mass: 5 p.m. at Chapel 2
- Confession: 4:30 p.m. Sundays at Chapel 2
- Catholic Religious Education: 9 a.m. Sundays at the Chapel Center.

Protestant Sunday

- Liturgical Service: 9 a.m. at Chapel 2
- Traditional Service: 9 a.m. at Chapel 1
- Gospel Service: noon at Chapel 1
- Contemporary: 6 p.m. at Chapel 1
- Protestant Sunday School: 10:30 a.m. at the Chapel Center.

For more details, call the Chapel at 552-4422.

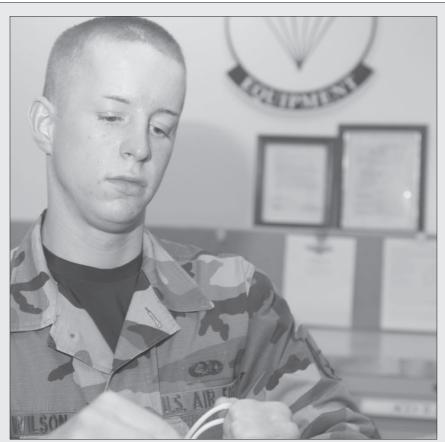


PHOTO BY TECH. SGT. KEITH BROWN

Airman 1st Class Richard Wilson

Organization and duty title: 3rd Equipment Maintenance Squadron survival equipment journeyman

Hometown: Clarks Summit, Pa.
Hobbies: Exercising, reading and hiking

Mission contributions: Doing my job to the best of my ability

Time at Elmendorf: 15 months

Time in the Air Force: One year, eight months

Best part about being in Alaska: Alaska is the total opposite of my hometown and that is one of the main reasons I joined the military. To see places I probably never would have had I not come into the military. **Quote from supervisor:** "Airman Wilson is the perfect definition of a high speed troop. His constant excellence, service, and integrity is exactly what today's Air Force needs" Staff Sgt. Kevin Rice



PHOTO BY TECH. SGT. BROWN

Tech. Sgt. Terry Wagoner

Organization and duty title: 611th Civil Engineer Squadron unit de-

ployment manager

Hometown: Sheridan, Calif.

Hobbies: Coaching softball and fishing

Mission contributions: Maintains, schedules, conducts training, prepares personnel for deployment and prepares ART (AEF reporting tool) and

Status of Resources and Training for the commander Time at Elmendorf: Five years, seven months Time in the Air Force: 16 years, nine months Best part about being in Alaska: The scenery

Quote from supervisor: "Sergeant Wagoner is an outstanding individual. As the Unit Deployment Manager, he did an excellent job preparing and processing 10 personnel for deployments with zero discrepancies. As the Unit Training Manager, he scheduled and assured 100 percent training compliance for 75 squadron personnel." Master Sgt. Tony Turner



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY

Taking aim

Christy Gentemann, daughter of Lt. Col. Jim Gentemann, practices her aim with her mother Marcy. Christy has been invited to the U.S. Shooting National Championships for rifle

Christy has been an expert marksman for Chugiak High School for the last two years and is listed in the top 12 percent in the nation among athletes in her sport. She will shoot shoulder to shoulder with past gold, silver and bronze medalists and world precision air rifle champions in the championships.

She also hopes to represent her state and the U.S. in the Olympics someday.

Article 15s, discharges

Article 15s:

A senior airman with the 3rd Equipment Maintenance Squadron fell asleep while on duty.

His punishment was a reduction to the grade of airman first class with reduction to airman suspended, suspended forfeiture of \$713 pay for two months, restriction to the limits of Elmendorf Air Force Base for 15 days, and 30 days extra duty.

A senior airman with the 3rd EMS was late to work and when she arrived she was incapacitated for the performance of her duties due to an overindulgence of alcohol.

Her punishment was a reduction to the grade of airman, suspended forfeiture of \$713 pay for two months, and 30 days extra duty.

Discharges:

An airman with the 3rd EMS was administratively discharged for pattern of misconduct

The member's misconduct included an Article 15 for absenting himself from his place of duty and making a false official statement.

He also received a vacation action for being late to work and for making three false official statements.

A vacation action imposes suspended punishment from a previous Article 15.

The member's misconduct resulted in a General discharge.

(Courtesy of the 3rd Wing Legal Office)

Elmendorf family members get deployment experience

By Senior Airman Jared Marquis 3rd Wing Public Affairs

Military families from Elmendorf and Ft. Richardson recently got the chance to see what deploying feels like. Operation Family TopCover was held at the Joint Mobility Center May 19 from 11 a.m. to 1 p.m., and was open to all military family members.

From getting their pictures taken to being issued dogtags and loading up on a C-130, families got the full experience, short of leaving, of what it's like to deploy. They even got to see some of the equipment used in a deployed environment.

"The point of the day was to show families what it's like to deploy, but it was also important to make it fun," said Tech. Sgt. Richard Collins, 3rd Mission Support Squadron readiness NCO and event organizer. As the participants walked into the hanger, they were organized into groups of ten. While they waited, volunteers painted their face. Once they had their groups, they began their journey through the deployment line.

Sergeant Richard Collins said that it's about helping the families understand.

"All kids get their own ideas of what their parents go through, good or bad. They want to know what happens when 'we dropped mom or dad off at that building.' We are just trying to take the mystery out of it," he said.

Sergeant Collins said all the agencies from a regular deployment line volunteered their time to help the families understand.

"We had 25 volunteers from [First Term Airmen's Center], Family Support, Dental Clinic, Alcohol and Drug Awareness and someone from the Child Development Center and the Army," he said. "Without their help, none of this would be possible."

Joanne Willequer who brought 66 children from the Elmendorf School Age Program said it was a good experience for the children and staff alike.

"We've got a lot of parents deploying soon, so it is a good experience for the kids to understand what they go through. It is also good for our staff to see what happens when our parents deploy, especially for the non-military ones," she said.

Mrs. Willequer said the timing was great, because there was no school, so they were able to take the 66 children to the event. She said the SAP takes the children to as many base activities as possible.

"Doing activities like this let's the parents know we are more than just a daycare. It lets them know we care about our community," she said.

Among the group was Shawn Funk, son of Staff Sgt. Michael Funk, 3rd Aircraft Maintenance Squadron, and Staff Sgt. Christy Funk, 3rd Wing. Shawn, who said he would like to join the military someday, mentioned his favorite part of the day was getting his face painted.

"Now when I go outside, I can play pretend wars," he said.

Dominique Davis, daughter of Tech. Sgt. Michael Davis, 3rd Medical Support Squadron and Staff Sgt. Pamela Davis, 381st Intelligence

Squadron, said her favorite part of the mock deployment was filling out the forms.

"When you get to do transport, it's fun, because I like writing," she said.

Her friend Jessica Kinard, daughter of Tech. Sgt. Steven Kinard, 3rd Component Maintenance Squadron, and Staff Sgt. Amber Kinard, 3rd Mission Support Squadron, thought the C-130 was the best.

"I liked finding out about the airplane and sitting in it," she said.

Along with the SAP, many parents thought it would be a fun place to spend the day.

Army Sergeant Clint Alexander, 509th Parachute Infantry Regiment, said he thought it would be fun for his kids Derek, Gavin and Aiden, and it would give them a better understanding of what he does.

"This is where we rig-up," he



PHOTOS BY STAFF SGT. ALAN PORT

Alexander Baker, son of Capt. Darian Baker, 517th Airlift Squadron, admires his camouflage face paint while waiting his turn in the deployment line at Operation Family TopCover May 19.

said. "That is where we load up on the plane. This will give them a little piece of Hooahness."

Theresa Evans and her daughter also thought it looked like fun. Mrs. Evans husband is 1st Lt. Ronnie Evans, 962nd Airborne Air Control Squadron.

"We got the e-mail and thought it would be a good way to spend the day," she said.

In addition to the agency volunteers, there were volunteers from around Elmendorf who just wanted to help out.

Airman 1st Class Christian Zamora, 381st Intelligence Squadron, said he volunteered for the event to help give the kids a better understanding of the military.

"I believe that children may not understand how it works," he said. "By making them aware of what is going on, they might not feel so lost."



Airman Basic Craig Townsend, 3rd Equipment Maintenance Squadron volunteer, checks the paper work of Nathanal Tovar, son of Army Private First Class Stephanie Tovar, U.S. Army Alaska.

Military appreciation

Right: Chandler Freeman, daughter of Army Staff Sgt. Andy Freeman, Alpha Company, 167th Support Battalion, gets instructions from Staff Sgt. James Hansen as she tries out an .50 caliber M-2 machine gun during Saturday's military appreciation day at Dimond Center

Left: A group of children look at a display of Air Force Security Forces weapons.





PHOTOS BY SENIOR AIRMAN GARRETT HOTHAN

May 26, 2006 13 **12** Sourdough Sentinel **Feature**

By Capt. Elizabeth Kreft 1st Fighter Wing Public Affairs

After flying over more than 3,200 miles of land, ocean, mountains and glaciers, six F-22A Raptors arrived here Tuesday from Langley Air Force Base,

Though it isn't the first time the Raptors have flown over snow-capped mountains, it is the first time they have flown outside of the continental United States, and the first time they have been to Alaska.

"It feels great to be here," said Lt. Col. Wade Tolliver, 27th Fighter Squadron commander. "This is the longest continuous trip we've flown in this bird, so that gives us a great start to this entire visit."

The 27th FS, the first operational Raptor Squadron, brought an additional six jets into town Wednesday and

Thursday, making it an even dozen F-22s that will nest at Elmendorf for the next six weeks.

"The 3rd Wing hospitality has been wonderful so far, and we look forward to the weeks ahead,"

said Colonel Tolliver.

The 12 Raptors, 18 pilots, 174 maintainers - as well as several other Raptor support personnel will participate in Exercise Northern Edge, Alaskan Command's joint exercise taking place June 5-16. NE 2006 is the other first for the Raptors this

trip: it is the very first continuous exercise that will include the F-22. During the exercise more than 5,000 U.S. active duty and reserve component military members will work together in a joint environment to enhance their ability to rapidly respond to

"We are excited to bring the Raptor into the mix here – it's extremely important to test the interoperability between emerging weapons systems and the current operational tools on the Air Force and joint level," said Col. Tolliver.

The exercise will provide unique opportunities to hone current and test PHOTO BY TECH. SGT. KEITH BROWN future applications of joint combat operations and weapons capabilities said

Colonel Tolliver. "I guarantee everyone, whether they're from Virginia, Alaska or beyond, will learn quite a bit from this exercise.

Part of the overall Raptor interest here stems from the knowledge that this base will be the next operational location to house F-22s. Senior leaders have already drawn up plans to bring Alaska Raptors and maintainers to Langley for several months of training prior to their arrival at Elmendorf.

These next few weeks of cooperation and edu-Wing and 1st Fighter Wing in coming months.

"We know we will be working closely together any regional contingency. in the near future as we bring F-22s to Alaska, so this is an excellent opportunity to get to know some of the people and processes that we will encounter," said Col. Roberts, 3rd Wing Operations Group commander.

"Building solid working relationships before the start of Elmendorf's Raptor bed down will make this transition easier for our Airmen," he said.

After participating in Northern Edge, the 27th FS will remain here until the end of June. Col. Tolliver said his squadron's goal is to get as much training is as possible.

"This will be another opportunity for our deployment team to test several layers of our supply chain and out-of-town operations," said Colonel Tolliver. "Bringing the F-22 here, away from our support structure at Langley, gives us the ability to prepare for future deployments that will take us even farther across the globe."



PHOTO BY CAPT ELIZABETH KREFT

Above: Two F-22A Raptors make their way to Elmendorf. This arrival marks the first time the jets have been out of the Continental United States. The F-22A Raptors from the 27th Fighter Squadron, Langley Air Force Base, Va., are here supporting Exercise Northern Edge 2006. The Air Force has selected Elmendorf as the home for the next operational F-22A squadron. The base is preparing for the arrival of 36 Raptors with the first jet expected to arrive in fall 2007.

Top right: A pilot from the 27th Fighter Squadron prepares to exit his Raptor. The planes travelled more than 3,200 miles from Langley Air Force Base, Va.

Right: The Raptors make their way to their temporary home. Twelve of the world's premier fighter jets will be at Elmendorf for almost two months to participate in the NE 2006 exercise.

Below: An F-22 lands on the Elmendorf runway. A total of six jets landed Tuesday, with the other six arriving late Wednesday afternoon. Bottom left: Airman 1st Class David Griggs, 94th Aircraft Maintenance Unit crew chief, prepares diagnostics for an F-22A Raptor after its arrival at Elmendorf.

Cover: An F-22 lands at Elmendorf.





PHOTO BY STAFF SGT. DAVID DONOVA





PHOTO BY SENIOR AIRMAN GARRETT HOTHAN



Services Eaglet

"Telling the Services Story" in daily activities and special events for the Elmendorf community



JUNIOR GOLF

Sign-up now for the Junior Golf program. six-weeks of learning, golfing and fun for youth ages 7-17

Tuesdays 7:30-9 a.m. June 13-July 18

Space is limited

\$80 military dependent child \$90 civilian dependent child \$20 discount for additional siblings

Includes certificate and a fun golf event

Eagleglen Golf Course, 552-3821



June Automotive Special lube, oil and filter change \$24.95

A great gift for Father's Day or just good timing before you hit the road this summer, includes a complete vehicle inspection

Auto Hobby

552-3473

Today

Evening Hike 5-8 p.m., \$10, sign-up at Outdoor Recreation, 552-2023

Basic Automotive Service Class 5 p.m., by appointment, \$20, Auto Hobby, 552-3473

Belly Dancing 6:30-7:30 p.m., \$40 per month, eight-week sessions for ages 13 and older, Arctic Oasis, 552-8529

Hula Lessons 4-5 p.m., \$32 per month, ages 4 to adult, notebook of songs and dances for each participant, Arctic Oasis, 552-8529

Seward Air Force Recreation Camp Opens make reservations for cabins, RV or camp sites during lodge hours 9 a.m.-9 p.m. Sunday-Thursday and 9 a.m.-10 p.m. Friday and Saturday, Seward Rec Camp, 552-5526 or 224-5425

Saturday

Oil Painting "Mountain Scene or Northern Lights" 11 a.m.-3 p.m., \$45, bring 16- by 20-inch canvas, Arts & Crafts, 552-7012 or 552-2470

Bike Maintenance Clinic 10 a.m., \$5, sign-up at Outdoor Recreation, 552-2023

Kid's Corner "Something Spring" 1-3 p.m., sign-up early, wear old clothes, ages 3-10, \$15, Arts & Crafts 552-7012

Hip Hop and Jazz Classes 10-11 a.m., \$32 per month, ages 4-18, Arctic cific American Heritage highlighted in Oasis, 552-8529

Sunday

Sunday Brunch 10:30 a.m.-1:30 p.m., \$16.95 Members First price, \$19.95 regular price, \$7.95 for children age 6-12, Susitna Café, 753-3131

Monday

Memorial Day Indian to Girdwood Ride 10 a.m., \$5 plus \$5 bike rental, sign-up at Outdoor Recreation, 552-2023

Memorial Day Meal 10:30 a.m.-1 p.m., Iditarod Dining Facility

Tuesday

MusicGarten 9:30-10:05 a.m. for ages 3-5 and 10:15-10:45 a.m. for ages 16 months to 3-1/2 years, singing, dancing, moving, chanting, listening and playing simple instruments, \$30 per month, Arctic Oasis, 552-8529

Wednesday

King Salmon Fishing Clinic 6-9 p.m., \$10, Outdoor Adventure, 552-2023

Kenpo Karate 6-7 p.m. ages 4-18 and 7-8 p.m. for adults, \$30 per month, Arctic Oasis, 552-8529

End of Year Picnic 10:30 a.m.-1 p.m., Katmai Part Day Preschool, 552-2697

Make It, Take It 11:30 a.m., ages 5 & under, Library, 552-3787

Preschool Story Hour 10:30-

11:30 a.m., ages 5 and under, Asian-Pastories, Library, 552-3787

Thursday

Van Service to the Youth Center available in month-long blocks, service begins June 12, seating limited, Youth Center, 552-2266

Part Day Enrichment Registration 9 a.m.-noon and 2-4 p.m. also June 2, must be 3 years of age before August 15 in order to be eligible, two-and-a-half hour sessions offered Monday-Friday, Katmai Part Day Preschool, 552-5113

MusicGarten 9:30-10 a.m. for infants to age 18 months and 10:15-10:45 a.m. for ages 16 months-3-1/2 years, singing, dancing, moving, chanting, listening and playing simple instruments, \$30 per month, Arctic Oasis, 552-8529

Thursday Night Madness 5-9 p.m., \$18 per lane, up to five bowlers, shoes not included, Polar Bowl, 552-4108

Morning Coffee Conversation 10:30 a.m., book club for spouses of deployed military members, Arctic Oasis,

Thursday Evening Mountain Bike Ride 5:30 p.m., \$5 bike rental, Outdoor Recreation, 552-2023

June 2

Give Parents a Break 7-11 p.m., this free Air Force Aid Society program is intended to give parents a break during unusually stressful situations, participants must have a referral and a reservation, Denali CDC, 552-8304

now Showing

Today

Take the Lead

A former professional ballroom dancer

PG-13

PG-13

volunteers at a New York public school to teach dance. The hip-hop instincts of his students soon clash with his ballroom methods, so he teams up with them to create a new style of dance.

Today

9:30 p.m. **Benchwarmers**

Gus and his nerdy buddies, Richie and Clark, are scouted by a millionaire nerd who wants to form a baseball team and compete with the meanest Little League teams in the state. A stellar

ballplayer, Gus becomes a role model for nerds and outcasts everywhere. But when his fans learn that Gus was once a school bully, they feel outraged and betrayed.

Saturday

7 p.m. Phat Girlz

A smart-mouthed aspiring fashion designer struggles to find love and acceptance in a world full of "hot bodied"

Sunday

babes.

6 p.m. **Benchwarmers** PG-13

PG-13

Adults: \$3.50 Children: \$1.75 Movie Recording Line: 552-2344 Movies subject to change

Remembrance

By Capt. Tony Wickman

71st Flying Training Wing Public Affairs

Across

- 1. Eastern European
- 5. Chart 8. Breakfast and lunch
- 13. A reef, sandbar, or shoal
- 14. Fury
- 15. Shrek and others
- 16. Chinese menu item
- 17. Hallow grounds for military
- members
- 19. Arabian Peninsula sultanate
- 20. Mil. recognition, perhaps 21. Mil. member honored by Me-
- morial Day/Military Appreciation Month
- 25. Terminate
- 26. Computer laugh
- 29. Tokyo, once
- 30. Celebrate
- 32. Astronomy sight 33. Looney Tunes Le Pew
- 34. Made firmer or stronger
- 35. Military mantra for comrades in

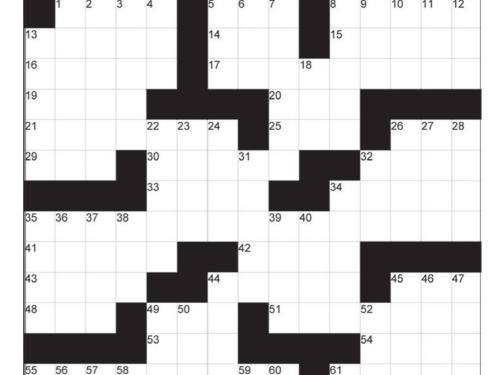


May 19 solutions

- 41. Perceived by the ear
- 42. Possible result of hearing "Taps"
- 43. Walk
- 44. Last Air Force CJCS
- 45. Mao -tung
- 48. Donkey
- 49. Resinous secretion for shellac
- 51. Off the ; crazy
- 53. Drug purchase without a prescription, in short
- 54. The Great ; biopic about
- WWII rescue mission
- 55. Wild animals exhibition
- 61. Memorial Day remembrance item; subject of 44 DOWN
- 62. Susan's role on All My Children
- 63. Actress Penelope Miller
- 64. Woodwind instrument
- 65. King of the Hill town 66. Get by with great effort
- 67. Dampens

Down

- 1. Disgraced
- 2. Unending
- 3. Isolated
- 4. National org. for 21 ACROSS
- 5. Mil. member honored by Memori-
- al Day/Military Appreciation Month
- 6. Airport abbrev.
- 7. Buckshot
- 8. A monovalent element
- on; urge
- 10. Skill attained by study, practice,
- or observation 11. Zodiac sign
- 12. Mil. identification
- 13. Push
- 18. Charged particle
- 22. Drive back
- 23. Figure skating jump
- 24. Scruff



- 26. Actress Anderson
- 27. Baking need

62

65

- 28. Shane actor Alan
- 31. CW singer Frizzell
- 32. Classical Japanese drama
- 34. Succinct
- 35. Space org.
- 36. Six per inning
- 37. Minerals
- 38. Quick rest
- 39. First name of current CSAF
- 40. Au naturel
- 44. Author of In Flanders Fields
- Dome; 1921 scandal involv-
- ing US Navy oil reserve

46. Grouses

60

- 47. Maelstrom
- 49. General who first proclaimed
- Memorial Day
- 50. Dined
- 52. Investigation
- 55. __ culpa
- 56. Mistake
- 57. Zero
- 58. Pilot with 5+ kills
- 59. Toner product
- 60. 67°30 east of due north
- 61. Mil. member honored by Memorial Day/Military Appreciation Month



Elmendorf skeet shooters win Armed Forces Championship

By Staff Sgt. Stephen Boyd 3rd Services Squadron

For the third year in a row an Elmendorf skeet team was crowned Alaska Armed Forces Skeet Champions.

Their 474 of 500 score ranks fifth highest on record and gives them a 479 average over the past three seasons. The team managed to assemble, practice, and perform despite a leave, vacation and retirement that took away two premier shooters.

"It takes commitment" said team captain Henry Martin, 611th Air Support Squadron. "You have to commit to shooting and finding shooters that are interested when your team tears apart — which is a guarantee these days."

The team still had a solid base with Fred Kinzel, 176th Air Control Squadron, Dave Knight, 3rd Component Maintenance Squadron and Martin returning from last year's championship team, but within a few months of the tournament, they found themselves short.

"Just when were trying to fill holes, Larry Paradis [3rd Aircraft Maintenance Squadron] and Matt Webster [3rd CMS] let us know they'd like to shoot with us. They are fine shots and put the time in to keep their skills honed. You can count on them to show."

This year's event was held at

Ft. Richardson from May 4-7, with active-duty and retired military, and civilian skeet shooters competing in several categories, including .410 bore, 28, 20, and 12 gauges. There were also doubles and preliminary events. The 12 gauge was the final event and is where the military championship was determined.

According to Martin, the Army and another Elmendorf team competed without a couple of their top shooters. But it didn't matter. This Elmendorf team showed, shot the lights out and won.

Webster and Martin led the way both hitting 98 of 100. Paradis and Knight turned in 94s, and Kinzel threw in a 90 of 100 for good measure. Fred hit a 98 of 100 the year before and was a bit disappointed with the eight bird drop. He said with a laugh, "I brought up the rear with a 90, and I have to think if you're low-man is hitting 9 of every 10, the team is in great shape."

Along with the team trophy, Martin won a combined eight awards including all military events as well as championship honors for the entire shoot. He tied for top score breaking 99 of 100 in .28 gauge and he won the High Overall trophy with a 386 of 400 across the four gauges. The other big stories were Tony Hanson, 3rd Equipment Maintenance Squadron and Matt Webster, 3rd CMS.

In his first registered shoot,



Matt Webster lines up his shot. Webster and team captain Henry Martin both shot 98 of 100 to lead their team to the championship.

Hanson was crowned Armed Forces Novice Champion leading all firsttime shooters with 352 of 400 across the four gauges. Matt Webster only entered the 12 gauge event for his Elmendorf team, and his 98 of 100 matched teammate Martin to force a shoot-off for the military 12 gauge championship.

"Matt should have hit 100 straight in 12 gauge. He was without a doubt the best and smoothest shooter in that event. Bad news for the other teams is that Matt will be back next year," Martin said.

Next years tournament is scheduled to move north, but the final destination is pending. The champions will again commit to the shoot and invite any Army, Navy, Marine, or other Air Force team to follow, and try to beat their 479 of 500 average over the past three years, said Martin.

"If no other teams are willing to get their best together, practice a lot, and hit when it counts, May 2007 will find these same Air Force shooters' names on that trophy for a fourth year in a row."

Elmendorf wins big in martial arts

By Staff Sgt. Jeremy Copeland 3rd Medical Support Squadron

On Saturday, 19 students from Elmendorf's Taekwondo program competed in the Ben Gadd Memorial Tournament at the University of Alaska Anchorage's Wells Fargo Sports Gymnasium.

The Tournament was held in honor of Ben Gadd, a second degree black belt with Greatland Martial Arts Center (formerly known as Jay's Southside TKD). Ben died in a snowmobile accident in January of 2005.

Elmendorf Taekwondo is run by Master Greg Monrad who is the head instructor and owner of Greatland Martial Arts.

Elmendorf won four of the six grand champion trophies.

The grand champions were Jeremy Copeland, 3rd Medical Support Squadron, a 1st degree black belt in the adult male division; his wife Louise Copeland, 1st degree black belt in the adult female division; their son Leonard Copeland a 5th grade student from Aurora Elementary, 1st degree black belt in the 12 years-old and under male division and Kayla Duclos 5th grade student at Orion Elementary, daughter of Craig Duclos, 11th Air Force, a 2nd degree black belt in the 12 years-old and under female division.



The Elmendorf Taekwondo team

Many other trophies were awarded to Elmendorf children in their respective divisions and events. The tournament consisted of a culmination of four events: forms, sparring, breaking and open forms which included creative and weapon forms.

Currently, there are about 60 students who train with Master Monrad on Elmendorf.

Master Monrad is a 4th degree black belt in Taekwondo and Hapkido.

The classes are held on Tuesday and Thursday evening at the Arctic Oasis Community Center from 5-6 p.m. for beginner class, and 6-7:15 p.m. for intermediate and advanced class.

Call the community center for sign up information or call Master Monrad at the main headquarters in South Anchorage at 344-2000.



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY

Carrying the torch

Israel Logan, 3rd Communication Squadron runs to the finish line during the 5K Law Enforcement Torch Run Saturday at West High School. Several members from Elmendorf participated in the beginning of the Special Olympics.